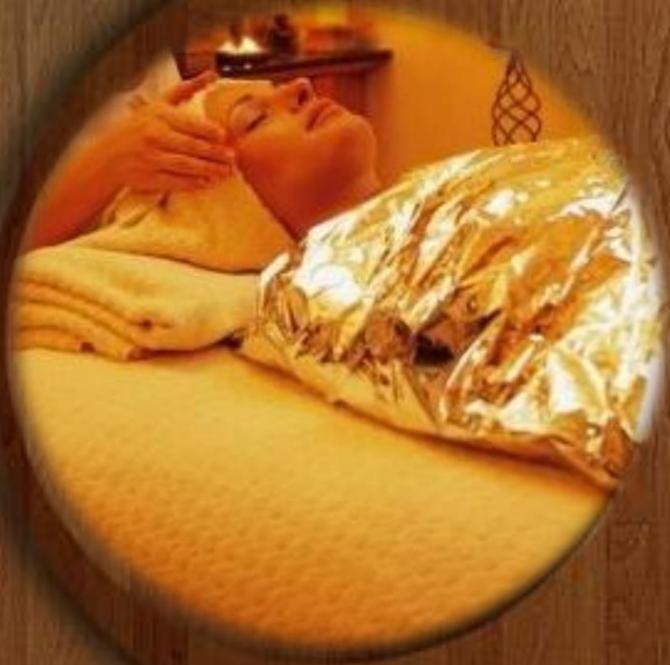




**Weight Loss**

# Body Wraps



Full body THALASPA Wrap      1hr      60

Thalaspia Algae Gel has detoxifying properties and aids the elimination of fatty tissues by activating the blood circulation. Enriched with minerals and trace elements, this wrap also presents a re-mineralizing and firming action

Cellutox Aroma Wrap      1hr 15mins      120

This Elemis ocean wrap therapy helps reduce the appearance of cellulite and relieve the discomfort of fluid retention. The body is re-energised and skin is left silky smooth and soft.



Body Vacuum Suction                      20mins                      30

Vacuum Suction Treatment (also known as Electronic Lymphatic Drainage): Anti-cellulite, reduce fluid retention, improve skin texture, increase lymphatic and blood circulation, reduce muscle tension

Light Emitting Diode (Healing)    30mins                      50

This involves emitting red, low-light wavelengths through the skin to stimulate cellular rejuvenation, increase blood flow and increase collagen production



# Advanced



Ultrasound Treatment	20mins	24
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One of the greatest proposed benefits of ultrasound therapy is that it is thought to reduce the healing time of certain soft tissue injuries.

Ultrasound may also stimulate the production of more collagen which is the main protein component in soft tissue such as tendons and ligaments. Hence ultrasound may accelerate the proliferative phase of tissue healing

Cellulite Massage (problem areas)	20mins	24
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A cellulite massage has many health benefits for the body, mainly by its direct action on superficial layers of the skin. This type of massage stimulates the suppleness and elasticity of the skin to activate blood circulation and reduce stress



# Sound & Touch

